

Nottingham Sexual Health Services

Sexual health services in Nottingham and South Nottinghamshire are led by Nottingham University Hospital Trust.

Our services are not confined to our hospitals; we run community clinics across Nottingham and Southern Borough's

Your GP or other healthcare professional may refer you to our clinic, however, the service is open access, which means you do not need to be seen by anyone else before attending. All you need is an appointment.

Whatever your sexuality you can get friendly, confidential and accurate advice and support by visiting a clinic.

We are open 6 days a week. For the most up to date information and times, please visit our webpage www.nuh.nhs.uk/SexualHealthServices or follow us on Twitter @NUHsexualhealth

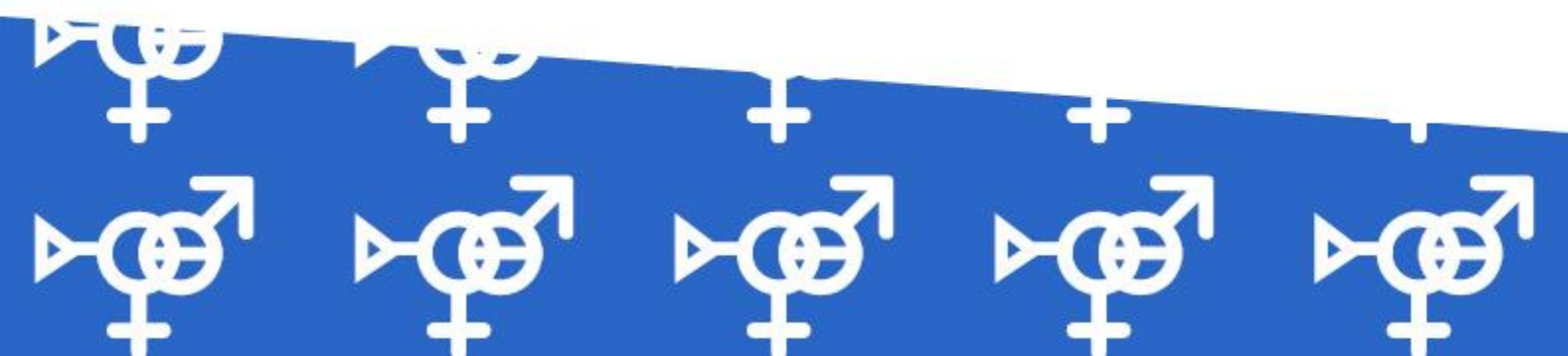
To book into one of our clinics, telephone 01159 627 627.

Within our clinical services we offer:-

- Testing & treatments for all Sexually Transmitted Infections. Whether it is for a regular check-up or if you have any symptoms of an STI.
- Hepatitis B vaccinations and booster jabs.
- Post Exposure Prophylaxis (PEP) treatment.
- Condoms, Lube, Dental Dams and the C-Card scheme for Under 25's
- Health Promotion.
- All types of contraception.
- Emergency contraception

We work in partnership with THT to deliver outreach services, such as:-

- Rapid testing for HIV & Syphilis in community settings
- Outreach within saunas and public sex environments, distributing condoms, lube and information.
- Outreach in pubs and community centres.
- Home testing.
- Netreach, social media engaging with clients.



Specialist Sexual Health Counselling:-

This service is available for both male and female clients (16 and over). All clients who meet the criteria are offered an initial clinical assessment to ascertain suitability and then if appropriate clients can be seen for up to 8 sessions.

If people meet any one of the criteria below and are living in Nottingham City or a Southern Borough then this service may be for you:

- Engaging in risky sexualised behaviour.
- Engaging in Chemsex
- Have a diagnosis (either recent or historic) of an STI that is creating emotional concern.
- Have difficulties with sexuality or gender identity
- Have difficulty adhering to medication for HIV.

The Sexual Health Services counselling service is available at a selection of venues depending on individual need. People can be seen at either:

- CHANDOS CLINIC, CITY HOSPITAL
- VICTORIA HEALTH CENTRE, GLASSHOUSE STREET
- GU MEDICINE BUILDING, CITY HOSPITAL

Clients can self-refer or referrals are accepted from other agencies. Anyone interested in the counselling service or referring in can contact the team via E-mail: SHS.Counselling@nuh.nhs.uk or Telephoning the Central Booking Line on 01159 627 627

